

# Parent Partnerships

Issue 5 February, 2024



**"Stand Up For Pride" logo designed by  
Tahmari Farrell, 8th grade**

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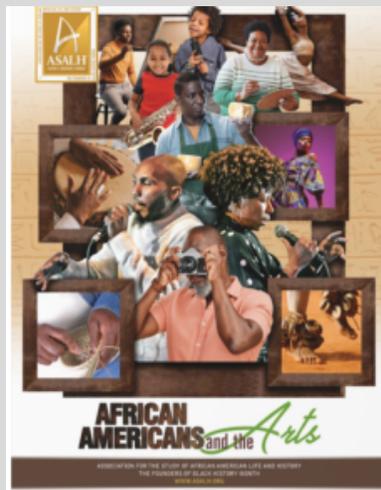
## Save the Dates!

|                      |  |
|----------------------|--|
| Thursday, Feb 1st    | Black History Month Begins   |
| Thursday, Feb 8th    | Football with the Fellas “Game On” In-Person Ubuntu Parent Party (See article and ad for details) at 5:30PM  |
| Friday, Feb 9th      | Health & Hygiene Day & Half-Day 12:30 Dismissal for Students (Professional Development Day)<br><br>National Pizza Day Pizza Party 12:30-1PM - 5th Grade Project<br>Pride Service Project for St. Jude’s Hospital |
| Wednesday Feb. 14th  | 8th Grade Graduation Cap & Gown Measurements at 2:30PM   |
| Thursday Feb. 15th   | School Pictures Day in Uniform starting at 8:30AM (Dress Down Pictures are taken in April)   |
| Monday Feb. 19th     | No School in observance of Presidents Day  |
| Tuesday Feb 20th     | Deadline for Black History Month Art Gallery   |
| Wednesday, Feb 21st  | Eagle Flight Squadron Assembly   |
| Wednesday, Feb. 28th | Black History Month Assembly - Performance by Queen Nur (See ad for details)<br><br>Pride Academy Black Excellence Showcase at 5:30PM  |

### LOOKING AHEAD

Graduation Pictures - Thursday, March 14th @ 8:30 to 11 am

“Girls’ Night In” Ubuntu Parent Party - Thursday, March 21 @ 5:30 pm



## Celebrating Black History Month!



<https://centerracialjustice.org/resources/black-history-month-resource-guide-for-educators-and-families/>

### As a Parent, What Are Ways I Can Engage My Family in Black History Month?:

- 45 Books to Teach Children About Black History – The Culture
- African American History Month Resources for Parents – Adlit.org
- Learning More About Black History for Parents and Families – NYC Dept. of Education
- 5 ways to celebrate Black History Month with your family – ChicagoNow.com
- 8 Black History Month Books and Resources for Kids -JusticeJonesie
- Celebrating Black History and Diversity Builds Self-Esteem and Empathy -Too Small to Fail
- African American History For Kids -University of Illinois Extension
- Top 15 children's books for black history month -Family Education
- How to talk to your child about Black History Month (A script) -Mama Knows it All
- Black Children and Black History: The Importance Of Teaching Our Kids the Complexity Of Us -My Brown Baby

# 2024 Black History Theme: African Americans and the Arts



## ASSOCIATION FOR THE STUDY OF AFRICAN AMERICAN LIFE AND HISTORY

301 RHODE ISLAND AVENUE, NW | SUITE 1508 | WASHINGTON, DC 20001  
202.238.5910 | ASALH.ORG

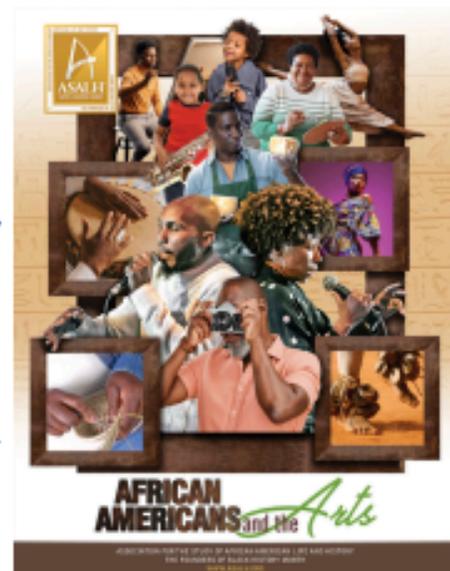
### 2024 BLACK HISTORY THEME: AFRICAN AMERICANS AND THE ARTS

African American art is infused with African, Caribbean, and the Black American lived experiences. In the fields of visual and performing arts, literature, fashion, folklore, language, film, music, architecture, culinary and other forms of cultural expression, the African American influence has been paramount. African American artists have used art to preserve history and community memory as well as for empowerment. Artistic and cultural movements such as the New Negro, Black Arts, Black Renaissance, hip-hop, and Afrofuturism, have been led by people of African descent and set the standard for popular trends around the world. In 2024, we examine the varied history and life of African American arts and artisans.

For centuries Western intellectuals denied or minimized the contributions of people of African descent to the arts as well as history, even as their artistry in many genres was mimicked and/or stolen. However, we can still see the unbroken chain of Black art production from antiquity to the present, from Egypt across Africa, from Europe to the New World. Prior to the American Revolution, enslaved Africans of the Lowcountry began their more than a 300-year tradition of making sweetgrass baskets, revealing their visual artistry via craft.

The suffering of those in bondage gave birth to the spirituals, the nation's first contribution to music. Blues musicians such as Robert Johnson, McKinley 'Muddy Waters' Morganfield and Riley "BB" B. King created and nurtured a style of music that became the bedrock for gospel, soul, and other still popular (and evolving) forms of music. Black contributions to literature include works by poets like Phillis Wheatley, essays, autobiographies, and novels by writers such as David Walker and Maria Stewart. Black aesthetics have also been manifested through sculptors like Edmonia Lewis and painters like Henry O. Tanner.

In the 1920s and 30s, the rise of the Black Renaissance and New Negro Movement brought the Black Arts to an international stage. Members of the armed forces, such as James Reese Europe, and artists such as Langston Hughes, Josephine Baker and Lois Mailou Jones brought Black culture and Black American aesthetics internationally, and Black culture began its ascent to becoming a dominant cultural movement to the world. In addition to the Harlem Renaissance, today we recognize that cities like Los Angeles, Chicago, and New Orleans also were home to many Black artists.





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The 1960s continued this thread through the cultural evolution known as the Black Arts Movement, where artists covered issues such as pride in one's heritage and established art galleries and museum exhibitions to show their own work, as well as publications such as *Black Art*. This period brought us artists such as Alvin Ailey, Judith Jamison, Amiri Baraka, Nikki Giovanni and Sonia Sanchez. The movement would not have been as impactful without the influences from the broader Black world, especially the Negritude movement and the writings of Frantz Fanon.

In 1973, in the Bronx, New York Black musicians (i.e. DJ Kool Herc and Coke La Rock) started a new genre of music called hip-hop, which comprises five foundational elements (DJing, MCing, Graffiti, Break Dancing and Beat Boxing). Hip-hop performers also used technological equipment such as turntables, synthesizers, drum machines, and samplers to make their songs. Since then hip-hop has continued to be a pivotal force in political, social, and cultural spaces and was a medium where issues such as racial violence in the inner city, sexism, economic disinvestment and others took the forefront.

The term Afrofuturism was used approximately 30 years ago in an effort to define cultural and artistic productions (music, literature, visual arts, etc.) that imagine a future for Black people without oppressive systems, and examines how Black history and knowledge intersects with technology and science. Afrofuturist elements can be found in the music of Sun Ra, Rashan Roland Kirk, Janelle Monáe and Jimi Hendrix. Other examples include sci-fi writer Octavia Butler's novels, Marvel film *Black Panther*, and artists such as British-Liberian painter Lina Iris Viktor, Kenyan-born sculptor Wangechi Mutu, and Caribbean writers and artists such as Nalo Hopkinson, and Grace Jones.

In celebrating the entire history of African Americans and the arts, the Association for the Study of African American Life and History (ASALH) puts into the national spotlight the richness of the past and present with an eye towards what the rest of the twenty-first century will bring. ASALH dedicates its 98th Annual Black History Theme to African Americans and the arts.

<https://asalh.org/wp-content/uploads/2023/11/2024-Black-History-Theme-African-Americans-and-the-Arts.pdf>



## **“Football with the Fellas: Game Night”**

**“You can learn more about a child in one hour of play than you can in one year of conversation.”**

This is not a quote from a famous athlete or celebrated child psychologist. This is a quote from Plato, a philosopher from the 5th century, BCE. Regardless of all the advances in knowledge and technology, it still holds true. Cards, board games and hoops are among the essential tools of therapists and counselors everywhere. For parents and families, this is wonderful news. Rev. Jesse Jackson famously said, “Your children need your presence more than your presents.”, which reminds us all that connecting with the children in our lives doesn’t have to be expensive to be meaningful.

During this Ubuntu Parent Meeting, our School Social Worker, Mr. Jumoke Charles will lead a great “Game Day” event that will provide our male scholars and scholars who identify as male, with opportunities to play and share their thoughts and ideas with their fathers, grandfathers, uncles, and male role models.

**Football with the Fellas: GAME DAY**  
**Thursday, February 8 @ 5:30pm**

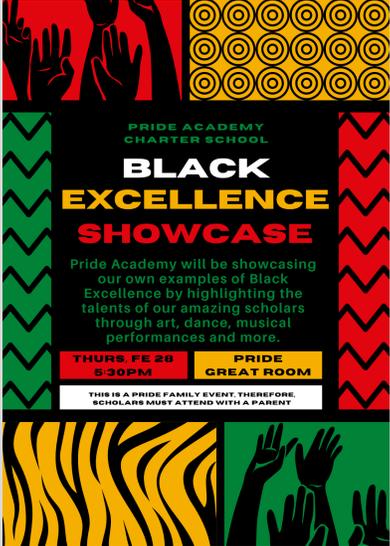


**PRIDE ACADEMY  
SCHOOL ASSEMBLY  
FEB 28**

*Guest Performer*  
**QUEEN NUR**

**"NO MYSTERY IN  
BLACK HISTORY"**

In this interactive program filled with story, rhythm, history, and song, Queen Nur will teach Black History in the U.S. through freedom stories, civil rights chants, poetry, music, and empowerment tales featuring Henry Box Brown, Stage Coach Mary, MLK, Rosa Parks, Malcolm X, John Lewis, Fannie Lou Hamer, Jackie Robinson and Mamie Peanut Johnson.



PRIDE ACADEMY  
CHARTER SCHOOL

**BLACK  
EXCELLENCE  
SHOWCASE**

Pride Academy will be showcasing our own examples of Black Excellence by highlighting the talents of our amazing scholars through art, dance, musical performances and more.

**THURS, FEB 28  
5:30PM**      **PRIDE  
GREAT ROOM**

THIS IS A PRIDE FAMILY EVENT. THEREFORE, SCHOLARS MUST ATTEND WITH A PARENT

## Pride Academy Celebrates Black History Month

Pride Academy is always looking for ways to infuse our community with culturally responsive lessons, activities and events that celebrate Black and Brown people and their legacies. Black History Month provides us with yet another opportunity to remember important people and events in the history of the African diaspora. In addition to the many classroom lessons, projects, and activities that our Pride teachers will be incorporating into their curriculums, Pride has a wide variety of special events and activities to celebrate Black History Month.

**Black History Art Gallery:** S.O.C.A (Student Organization for Cultural Awareness) is organizing a Black History Art Gallery open to students, which will prepare art in the medium of their choice related to the grade-specific themes listed below.

5th Grade: "Influential African American Figures in Arts & Music"

6th Grade: "Black Women Pop Culture: Television & Film "

7th Grade: "Celebrating the African Diaspora: Artwork that focuses on Black People Around The World/Culture"

8th Grade: " Celebration African American Contributions to Fashion & Culture

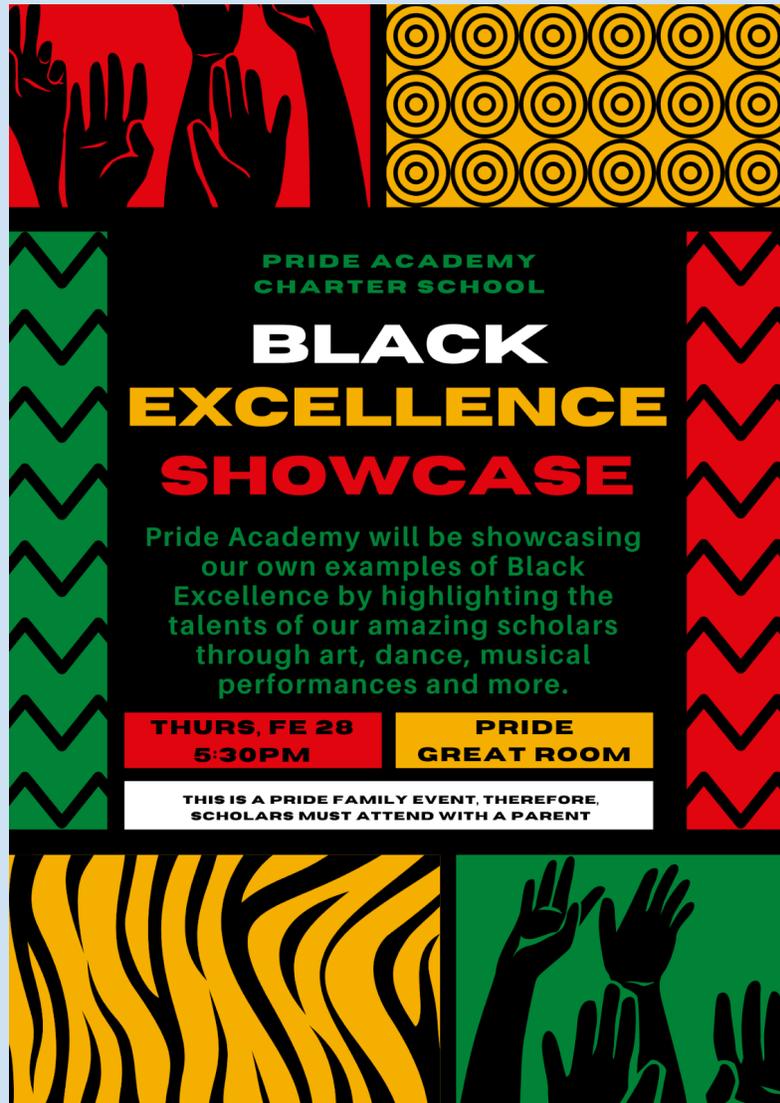
The submission deadline for all artwork will be February 20th. Scholars will have their work displayed in the Great Room and the Black History Art Gallery will serve as the decor and backdrop for our Black History Month assemblies and the Black History Showcase.

**Eagle Flight Squadron Assembly:** On Wednesday, February 21st, scholars will hear a presentation from the Eagle Flight Squadron, which is a non-profit organization located in East Orange that encourages youth to develop trade, educational, and manual skills related to aviation, as well as share the important impacts that Black people have made in aviation history. Students in the Eagle Flight Squadron program are given the opportunity to develop their own wings, literally and figuratively.

**"No Mystery in Black History" Assembly Performance by Queen Nur:** On Wednesday, February 28th, Pride Academy will have an interactive program filled with story, rhythm, history, and song. Featuring a call and response song followed by "An African Drum Story," Queen Nur introduces various drums from West Africa and describes their communal importance. Engagement

continues with Black History in the U.S. through freedom stories, civil rights chants, poetry, music and empowerment tales. Featured are: Henry Box Brown, Stage Coach Mary, MLK, Rosa Parks, Malcolm X, John Lewis, Fannie Lou Hamer, Jackie Robinson and Mamie Peanut Johnson.

**Black Excellence Showcase:** We will be showcasing our own examples of Black EXCELLENCE by highlighting the talents of our amazing scholars through art, dance, musical performances and more. This will be an in-person event taking place in our Pride Great Room on Wednesday, February 28th at 5:30 pm. We hope that our parents and families will join us for a celebration of BLACK JOY and TALENT! \*Please note that this is a Pride Family event and scholars will not be able to attend without a parent present.





## We Need Your Help to Reinforce High Expectations for Learning and Behavior at School

On behalf of the PRIDE Academy Charter School (PRIDE) Administration and staff, we hope that this message finds our students and their families doing well as we rapidly approach the end of the year. Our admiration and respect for the work and dedication of our teachers, the hard work of our students, and the high expectations, caring and partnership shared with our families grows each day. It comes as no surprise that PRIDE enjoys a strong and well-deserved reputation and that many of our families enroll more than one child and recommend our school to their family and friends.

We have enjoyed a positive and strong start to the 2023 - 2024 school year. As we begin the second trimester and 2024, it is good to take time to revisit and review expectations for school. For context and perspective, Pride Academy Charter School has 300 students arriving each day who spend 7+ hours and longer, for those involved in clubs, activities, and sports, here. Overall, our students are found to be polite, thoughtful, respectful and engaged in their studies. Please continue to take pride in your children and the way in which you are raising them.

That being understood, as we approach Winter Break and the heightened level of excitement that occurs around this time of year, now is an opportune time to discuss with your children the PRIDE Academy Charter School Student Code of Conduct and continued expectations regarding student behavior choices. PRIDE Academy Charter School students MAY NOT:

- Fight, play fight, hit, hit back, wrestle or roughhouse in any manner. Students must keep their hands, feet, and objects to themselves.
- Students may not engage in physical displays of affection, kissing, hugging, handholding, etc. These are inappropriate for school and may result in a complaint of sexual harassment involving one participant against the other or witness complaints against one or both participants.
- Engage in name calling, roasting, or any type of harassment, intimidation, or bullying or any actions, whether verbal, physical, in-person, or online, that are demeaning, harassing, hurtful, embarrassing or hateful. This includes, but is not limited to actions based on religion, gender, body type, gender expression, sexual orientation, real or perceived ability or disability, culture, race or ethnicity. They may not refer to peers as any type of animal or call them anything other than their given name. Pride Academy Charter School has clear policy and procedures in place and they have been well covered with our students. **Please follow this link to the PRIDE Academy Charter School Parent Handbook and Student Code of Conduct**<https://prideacs.org/policies-reports/>. Please read the Handbook and discuss it with your child.
- Bring drugs, nicotine, prohibited substances or related paraphernalia or packaging to school, use prohibited substances in school, on school grounds or at school events, or attend school under the influence or bearing evidence of exposure to prohibited substances. **Please see our Drugs, Alcohol, Nicotine & Tobacco policy in our [Parent Handbook, Page 33]**
- Bring weapons or other prohibited items to school. **Please refer to our Parent Handbook and Student Code of Coonduct, Pages 19-20 "Not Allowed in School".**

All students must abide by the following:

- All students should have purchased a front dial combination lock and have an assigned school locker by now. Cell phones must be placed in the student's own locker and kept there until dismissal. Students may not carry cell phones on their person during the school day or in backpacks/purses or fanny packs. If cell phones are brought to school, they may not be used in school at any time

(including before school and after school activities and during classes, transitions in hallways, restroom visits, lunch and recess) and must remain locked up in lockers. Cell phones will be confiscated due to lack of compliance with our expectations. The school is not responsible for lost or stolen cell phones. **[Parent Handbook, Page 9]**

- We strongly recommend that your child does not allow other students to use their cell phone and that they do not use another student's cell phone, especially to access their Social Media as this may allow other students access to their accounts. Additionally, students must not share their Social Media account passwords with other students and must immediately change any passwords that have been shared in the past. Students will be held responsible for any negative impact arising from postings/tags etc on or sent from their Social Media account(s).
- Students may not bring lunch or snacks that include nuts or nut products of any kind, shelled edible seeds, candy/chocolate bars, carbonated drinks, and they may not share food items.
- Students may not bring permanent markers for use in school and they may not use them anywhere in school including restrooms to deface school property. **[See Parent Handbook and Student Code of Conduct, Page 17, "Not Allowed in School"]**
- Students must follow school practices with regard to their use of our school restrooms to respect the privacy of others, maintain a high level of cleanliness and sanitary conditions, and prevent the destruction of property, fixtures and plumbing:
  1. They may only be inside the stalls by themselves and may never be in a stall with other individuals.
  2. They may not stand on the commode or look over into other stalls, look under the stall doors/walls into other stalls, or look through cracks in between the door and stall walls into the stall.
  3. They may not place items of food or other objects in the commodes or urinals.
  4. They may not urinate or defecate on the floor instead of in the commode or the urinal.
  5. They may not vandalize the walls, doors and other areas of the restroom with graffiti or anything else.
  6. They may not enter the restroom with their cell phones to use their phones and/or to video record themselves or others.
  7. They may not arrange with others to meet up or congregate in the restrooms at any time during the day including before homeroom or during class time, homeroom time, transitions, lunch/recess, and after school activities.

Please help us by adding your voice to these expectations. From time to time, we address poor choices made by our students and a student will say, "But, I didn't mean anything by it," or "I was just playing." Please reinforce that under school, state, and federal anti-bullying, anti-violence and anti-discrimination policies and laws, intent does not matter, only actions do.

Students and family members are encouraged to reach out to Robin Brower, Dean of Students and District Anti-Bullying Coordinator ([rbrower@prideacs.org](mailto:rbrower@prideacs.org)), or Fiona Thomas, Principal ([ftthomas@prideacs.org](mailto:ftthomas@prideacs.org)) if they need to make a report or have a concern. More information can be found on our school webpage [[www.prideacs.org](http://www.prideacs.org)]. We remain open to helping our families navigate the sometimes rocky waters of childhood.

A proactive conversation now at home can help avoid uncomfortable situations and accountability consequences for your child at school. Please reinforce our core values of Peace, Respect, Integrity, Determination, and Empathy. Speak with your child about the high expectations that you and we share, which are that all of our students will treat each other and all members of our school community with kindness, respect and dignity because we desire to keep PRIDE a safe, structured and positive school community where teaching and learning can continue to flourish.

As always, we are grateful for your support and we thank you for entrusting us with your children.

Robin Brower  
Dean of Students & Anti-Bullying Coordinator

Fiona Thomas  
Principal

**Pride Academy Zoom Admissions Lottery**  
**JANUARY 10 @ 6 PM**

**ADMISSION GOING ON**

Free, public middle school serving students in grades 5-8 from East Orange, Orange, and Newark.

**HELPING OUR SCHOLARS FIND THEIR VOICE AND CREATING TOMORROW'S LEADERS**

This is the first lottery for the 2023-2024 academic year and the best opportunity for acceptance.  
*Spots fill up fast!*

**TO APPLY: [www.prideacs.org](http://www.prideacs.org)  
OR CALL: 973-672-3200**

Please note that online applications must be received before 12 noon in order to be included in this lottery. Any application received after that will be included in the next lottery.

## Enrollment 2024-2025

Our Enrollment Lottery for the new school year, 2024-2025, took place on Wednesday, Jan 10th 2024. However, if you have friends and family members who would like to apply, you are not too late!!

Those interested in applying can:

- ❖ Apply online by going to our website at [www.prideacs.org](http://www.prideacs.org)
- ❖ Come to the Main Office to fill out an application. The office is open from 8:30am to 3pm Monday - Friday.



## Late Student Pick-Up Fees

Our regular new school hours are **Monday-Thursday 8AM to 3:20PM** and **Fridays 8AM to 2:10PM**. Our school hours on half days are from 8AM to 12:30PM. Making sure your child arrives at school on time and is picked up on time after school is your responsibility. If you use a transportation service or have another person pick up your child, you must ensure that your child is picked up on time each day. If your child is not picked up immediately after school, late charges will be incurred. The rates for late pick up are as follows:

- Every student is given a **15-minute grace period** to be picked up from school. The grace period for late pickup ends at 3:35PM on Mon.-Thurs., 2:25PM on Fridays, and at 12:45PM on half days.
- **Late fees of \$5 for the first minute and \$1 per minute thereafter will be charged for any child not picked-up by 3:35PM Mon-Thurs., 2:25PM on Fridays, and 12:45PM on half days. Fees are payable in cash and due at the time of pickup from school.**

Students will not be allowed to wait outside for parents after 3:35PM Mon-Thurs. 2:25PM. on Fridays, and 12:45PM on half days. Any students still at school after those allotted times will be escorted back into the building to wait for parents. Parents must then come inside to sign students out of the late pick-up room and pay the applicable late fees. Late students will no longer be permitted to take phone calls from parents/guardians requesting that they come outside to meet you. Students who disregard this expectation, may face accountability and late pick up fees will be incurred.



## Keeping Everyone Safe in School and at Home!

Here at Pride, we are continuing to take actions that reduce the spread of illnesses and COVID-19 so that we can all stay in school every day! We know that the virus that causes COVID-19 and flu is mostly spread during close contact by respiratory droplets released when people talk, sing, breathe, cough or sneeze. In addition to the steps that we are taking as a school with regard to increasing ventilation, air purification in classrooms and common areas, and cleaning and disinfection of frequently used surfaces, there are personal prevention practices that all scholars, staff and families are strongly recommended to follow. These include the following:

- ❖ Staying up to date with COVID-19 booster vaccinations and this year's Flu shot
- ❖ Staying home when sick with fever and cold/flu-like symptoms, vomiting and diarrhea
- ❖ Washing and/or sanitizing hands frequently
- ❖ Wearing masks is voluntary at this time. However, please be aware that we may move to universal mandatory mask wearing if COVID-19 levels rise in our county or district and/or if we begin to experience an increase in COVID-19 and Flu outbreaks in our school community.

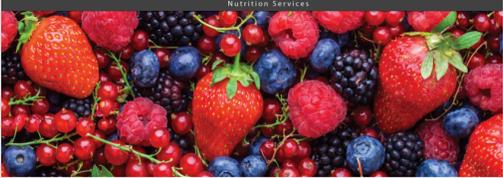
Information about vaccinations can be found [HERE](#).

**ELMWOOD AVE DROP OFF:** Please review the procedure if you use the drop off lane on Elmwood Ave:

- Enter the cone marked drop off lane at the Elmwood Ave/Shepard Ave intersection and **pull your car forward as far down as you can** to the last cone by the Imani Church building in order to allow for more cars to pull in behind you.
- **The drop off lane will not be used as a parking zone between 7:00-9:00AM. Your child must be ready to quickly exit your car to avoid delay and a back up of cars behind your vehicle.**
- If you need to park in order to speak with your child or come into the school, **please park on the corner of Elmwood and Madonna Place or turn and park on Madonna Place.**
- **Avoid stopping at the entrance of the drop off lane** because there are cars ahead of you in the process of dropping off their child. **Please wait until the car in front of you pulls forward.**
- **Please DO NOT stop your car in the middle of the street on Elmwood Ave to drop off your child.** This will prevent blocking the road and your child will not have to cross through the drop off lane to get to the curb.
- Please try to avoid moving into the intersection if you notice that the drop off lane is full with cars. Wait until cars move up and you can see an available spot in the lane.
- **If you get caught in the intersection, please DO NOT have your child exit the car.** Instead, wait to use the drop off lane and then pull up as far as you can to the end of the lane to drop off safely.
- Always drop off your child at the curb of Elmwood Ave while your car is completely stopped in the coned marked drop off lane.
- If you are unable to enter the drop off lane, please continue to drive along Elmwood to drop off further along the block at Imani Church or around the corner on Madonna Pl.
- Please be careful exiting the drop off lane as you pull out into ongoing traffic on Elmwood Ave.

**SHEPARD AVE DROP OFF:** An additional drop off lane will be coned off on Shepard Ave on the school side of the road. If you choose to use this lane, please follow the procedures outlined below:

- **Enter the lane driving from the Rhode Island Ave corner**
- After exiting the Shepard Ave drop off lane, please drive directly across the intersection staying on Shepard Ave towards Central Ave or turn left onto Elmwood Ave past Central Presbyterian Church. **DO NOT make a right onto the Elmwood Ave towards our school or onto the Elmwood Ave drop lane.**
- Scholars dropped off on Shepard Ave should walk to the front of Pride and enter at the Main Entrance.
- **Enter the cone marked drop off lane and pull your car forward as far as you can to the last cone at the corner of Elmwood Ave/Shepard Ave to drop off your child.**
- **Please make sure your child is ready to quickly exit your car to avoid delay and back up of cars.**
- Please be careful exiting the drop off lane as you pull out into the intersection.



# February Nutrition News!

Please visit our [Pride Academy school website](#) for information about our Breakfast and Lunch program and nutrition services. Students can order their lunch via an online portal and they will do this on a monthly basis. If you would like to support them in their ordering, please reach out to Ms Oates, our Main Office Coordinator.

## Breakfast Menu

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
|  |   |  |   |   |
| 5 W/G Special K Cereal with W/g Graham Crackers<br>100% Apple Juice<br>W/G Graham Crackers<br>Milk | 6 100% Fruit Punch<br>Peach Applesauce Cup<br>W/g Corn Flakes Cereal with w/g Graham Crackers<br>Milk | 7 Mandarin Orange Cup<br>100% Tangerine Juice<br>100% Apple Cinnamon Muffin Flat<br>Milk | 8 Mixed Fruit Cup<br>Orange Tangerine Juice<br>Blueberry Muffin Flat  | 9 W/G Cinnamon Granola, Non-fat Strawberry banana Yogurt<br>Milk  |
| 12 W/G Fruit Loops Cereal<br>Pineapple Cup<br>W/G Blueberry Muffin<br>Milk                         | 13 Fresh Apple<br>100% Fruit Punch<br>W/G Frosted Flakes<br>W/G Vanilla Bear Grahams<br>Milk          | 14 Fresh Orange<br>W/G Cinnamon Raisin Bagel with Cream Cheese<br>Milk                   | 15 Diced Peach Cup<br>100% Strawberry Kiwi Juice<br>W/G Chocolate Bear Grahams<br>W/G Krispy Rice Cereal<br>corn Muffin<br>Milk | 16 Mixed Fruit Cup<br>W/G Corn Chee Cereal<br>100% Apple Juice<br>W/G Corn Chee Cereal<br>W/G Banana Muffin<br>Milk |
| 19  NO SCHOOL!   | 20 Fresh Orange<br>W/G Apple Muffin Flat<br>Milk  | 21 100% Fruit Punch<br>Mixed Fruit Cup<br>W/G Plain Bagel w/ Cream Cheese<br>Milk        | 22 Fresh Apple<br>W/G Frosted Flakes<br>Mini Wheat<br>W/G Bean Muffin<br>Milk   | 23 Peach Applesauce Cup<br>W/G Plain Bagel w/ Cream Cheese<br>Milk  |
| 26 W/G Honey Scooters Cereal<br>Diced Peach Cup<br>100% Orange Juice<br>Milk                       | 27 W/G Frosted Flakes<br>Mini Wheat<br>W/G Vanilla Bear Grahams<br>Milk                               | 28 W/G Croissant with Margarine<br>Fresh Orange<br>Milk                                  | 29 100% Grape Juice<br>Applesauce Cup<br>W/G Plain Bagel w/ Cream Cheese<br>Milk  |   |

This institution is an equal opportunity

## Lunch Menu (Hot)

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
|   |   |  |   |  |
| 5 Chicken Tacos with Shredded Cheese on a w/g Soft Taco Shell<br>Black Beans<br>Hummus Cup with Mini Pita<br>Lentil Strawberry Mini Cheese Casserole with Red Kidney Beans<br>Fruit Salsas<br>Milk  | 6 All Beef Hamburger on whole wheat bun<br>Lentil and Cheese on W/G Bread with sliced Cucumber w/GP<br>veggie burger on a w/g Bun<br>Diced Carrots<br>Milk          | 7 Beef Tacos with Cheddar Cheese Sauce w/g Tortilla Chips<br>Beef Bologna and cheese on Whole Kefir Roll<br>Cheese Manicotti w/raisin<br>Fruit Berry Smoothie w/ Dip<br>Green Beans<br>Strawberry Applesauce cup<br>Milk | 8 w/g Chicken and Cheese Quiche<br>Black Beans and Corn<br>Milk<br>Turkey Ham and Swiss Cheese on a W/G Potato Bread  | 9 Strawberry Kiwi Juice with Chocolate Tiger Bars<br>Milk                    |
| 12 French Toast Slids w/ Turkey Sausage Links & Syrup<br>Veggie Scavenger Party<br>Soft Corn Cup<br>Sun Butter and Strawberry Jelly<br>W/G Unavailable Cold Corn Cup<br>Mandarin Orange Cup<br>Milk | 13 Turkey and Cheese on a W/G Potato Bun<br>Fresh Baked Carrots w/ Dip<br>All Beef Salsas, and American Cheese<br>Diced Peach Cup<br>Milk                           | 14 Chicken Meatballs with Teriyaki Sauce with Onions<br>Mixed Vegetables<br>Whole Grain Bread<br>Turkey and Cheese on a W/G Potato Bun<br>Fruit Berry Smoothie w/ Dip<br>Diced Pear Cup<br>Milk                          | 15 Jamaican Beef Patty w/ Cheese Slid<br>Sliced Chicken and Cheese on a Whole Wheat Bun<br>3 Bean salad cup<br>Fruit Salsas<br>Sun Butter and Strawberry Jelly<br>W/G Unavailable Cold Corn Cup<br>Milk<br>Milk | 16 Domino's Pizza Slice<br>Romaine Salad w/ Dressing<br>Fresh Orange<br>Milk |
| 19  NO SCHOOL!  | 20 W/G Grilled Cheese Sandwich<br>Fresh Baked Carrots w/ Dip<br>Turkey & Cheese on W/G Potato Bun<br>Fruit Salsas<br>Milk   | 21 Beef Meatloaf w/raisin, Mushrooms, Potatoes and whole grain bread<br>Beef Bologna & Cheese on Whole Grain Bread<br>Beef and Cheese Burrito w/ Mashed Potatoes<br>Fresh Orange<br>Milk                                 | 22 Grilled BBQ Chicken Filler on w/g Bun with Mixed Vegetables<br>Turkey Ham and Swiss Cheese on a W/G Potato Bun<br>Veggie Chicken Filler on a Whole Wheat Bun<br>Applesauce Cup<br>Milk                       | 25 Domino's Pizza Slice<br>Romaine Salad w/ Dressing<br>Fresh Orange<br>Milk |
| 26 Chicken Burger on Wheat Hamburger Bun with Buffalo Sauce<br>Sun Butter & Jelly<br>Unavailable on Whole Grain Bread<br>3 Bean salad cup<br>veggie burger on a w/g Bun<br>Milk                     | 27 All Beef Hamburger on W/G Bun with French Handcut Baked Carrots<br>Turkey & Cheese on W/G Potato Bun<br>Veggie Burger on a Whole Wheat Bun<br>Fresh Pear<br>Milk | 28 Beef Teriyaki Bites w/ diced carrots whole grain bread<br>All Beef Salsas, Beef Bologna, Beef Salsas, and American Cheese<br>Veggie Nuggets w/ Green Beans<br>W/G Bread<br>Fresh Apple<br>Milk                        | 29 W/G Fiesta Beef & Cheese w/g Soft Corn Cup<br>Sliced Chicken and Cheese on a Whole Wheat Bun<br>Bean and cheese Burrito w/ Mashed Potatoes<br>Fresh Salsas<br>Milk   |  |

This institution is an equal opportunity provider.



## Spotlight on Safety!

Advances in technology and social media have changed the face of interpersonal relationships. Individuals from anywhere in the world can meet online to play games, chat, and share the lives of others by viewing profiles, photographs and videos. These advances have also changed the face of interpersonal conflict, making it possible for individuals to harass, embarrass, threaten and disrespect others from any mobile device or from home, and to do so with a huge audience of onlookers. Tension arising from online conflict can negatively affect school climate, teaching and learning when it finds its way into our school. Please review the various forms of cyber bullying listed below.

**Threats** – Stating or implying that you or someone else will harm someone, or that something hurtful will happen to someone.

**Offensive or insulting messages** – This includes harassing, racist, or homophobic messages, personal insults, and offensive status postings and comments, whether they overtly or covertly refer to the target. These may be sent anonymously, or they may be posted very briefly, just long enough to get views, likes or comments.

**Rumors/Denigration** – Using social media, text, instant messaging, or other means to put down or spread hurtful rumors about others.

**Impersonation** – Pretending to be someone else online while sending hurtful messages to others. This may occur when passwords are shared, students are posting with friends present and the friend takes the liberty to post under an account that is not his or her own, a screen name is imitated, or a false account is created using someone else's identity. It may involve posting embarrassing information or photos of the alleged account owner, or sending their personal information to hate groups or sites and venues likely to contain predators. Students should be reminded that they are responsible for anything posted online using their password and must keep passwords secure. No one should ever post comments under someone else's user name.

**Photos and video** – Taking embarrassing photos or video, uploading photos or video that is embarrassing to the subject or without the subject's consent, taking screenshots or downloading photos to forward to unintended recipients, altering photos to cause embarrassment, or creating videos to make fun of others.

**Sexting** – Typically does not begin as bullying, but becomes so when explicit images are forwarded to unintended recipients. Students should be reminded that once posted online or sent via cell phone, they no longer have control over where an image is posted or to whom it is sent in the future.

**Betrayal of Confidential Information** – Betrayal may be careless, deliberate, or unintentional. A former friend may no longer feel obligated to maintain a confidence or a friendship may be faked for the purpose of gathering and ultimately disseminating confidential information. It is important that students respect and protect their confidential information and that of their friends and peers.

**Griefing** – Harassing another player within an interactive game, possibly using avatars. If the game

involves headphones or microphones, the harassment may also be verbal. Parents should monitor the tone and language used toward others during online and video game play.

**Warning/Warning Wars** – Falsely reporting others for misbehavior. This may occur on social media or online gaming sites, causing the host to suspend the user account of the individual reported.

Please make opportunities to find out what activities your children engage in online. Frequently check activity and to friend and follow their children online. Who are our children's friends or followers? Whom do they follow or play games with online? Why do they choose to friend and follow certain individuals? What makes someone a friend? The arena of online and electronic communication provides endless opportunities for caring adults to create and take advantage of "teachable moments."

Parents are advised to look at the profiles of their children's friends and followers, as well. Are all interactions positive and safe? Looking at the friend or followers photos and comments, determine if this individual is appropriate, age and otherwise, as a friend to your child. Notify school administration of any conflict that could spill over into the school so we can proactively work with students to resolve issues.

Please refer student concerns regarding bullying to Robin S. Brower, District Anti-Bullying Coordinator, at extension 203, Fiona Thomas, Principal at extension 201 immediately

## Affirmative Action Procedures at Pride

### Grievance Procedures

Under Title IX, each school district must have a written, publicized grievance procedure for handling complaints alleging sex discrimination. Students, parents, and employees must be fully informed of the steps in the grievance process. It is strongly recommended that discrimination grievance procedures allow for complaints on the basis of race, color, creed, religion, national origin, affectional or sexual orientation, ancestry, socioeconomic status, as well as sex.

Title IX does not specify a particular structure for the grievance procedure; it does require that the procedure provide for the "prompt and equitable resolution of student and employee complaints." Therefore, all procedures must include reasonable timelines for the initiation and resolution of a grievance.

Any person who believes that he/she has been discriminated against may also file a complaint with the Office for Civil Rights or the Department of Education at the same time a grievance is filed during or after the grievance process, or without using the school district process at all. A person may also file a grievance with the New Jersey Division on Civil Rights. Please reach out to Ms Brower at 973-672-3200 ext. 203 for more information, support or guidance.

### Notice of Statement of Non-Discrimination and Equal Opportunity

**PRIDE Academy Charter School adheres to the laws and regulations set forth in N.J.A.C. 6A:7-1.8; Title VII, Civil Rights Act of 1964; Title IX, Education Amendments of 1972; N.J.S.A. 10:5, and Equal Pay Act 1973, and is committed to ensuring equality in Educational, Employment, and Contract Practices for all persons, regardless of race, creed, color, national origin, ancestry, age, marital status, affectional or sexual orientation, gender, religion, disability, or socioeconomic status.**

The following staff member is our Affirmative Action Officer and designated to handle inquiries

regarding our non-discrimination policies or grievance procedures:

**Ms Robin Brower**

**117 Elmwood Ave,**

**East Orange, NJ 07108**

**973-672-3200 ext. 203**

**Please review our 2023-2024 Student Handbook and Code of Conduct and HIB reporting processes available on our school website:**

**<https://prideacs.org/policies-reports/>**



## **Questions and Suggestions?**

Your thoughts, questions and feedback are important to us. Please reach out to Mrs Thomas via email at [fthomas@prideacs.org](mailto:fthomas@prideacs.org) or call at 973-672-3200 ext. 201 if you would like to set up a time to meet or share about your experience at Pride so far this year.